

## PE Long Term Plan

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
EYFS (Reception)	P.E. Multi skills- Movement, travelling, finding spaces, listening skills. Music & Movement Gross & Fine Motor: Trikes and bikes Negotiating space and obstacles safely in and out of the classroom. Developing fine motor skills through zipping and unzipping coats/buttons Developing mark making skills Pencil control activities Name writing Finger gym activities Use a range of small tools – scissors, paint brushes, cutlery.		P.E. – Gymnastic skills/Dance Negotiate space and obstacles safely through PE lessons - gymnastics Take part energetically in running, jumping, dancing, hopping, skipping and climbing activities Parachute games Gross & Fine Motor: Begin to show accuracy and care when drawing Work on pincer grip Pencil control activities Name writing, lists and messages Finger gym activities Use a range of small tools – scissors, paint brushes, cutlery.		PE – Athletics - Negotiate space and obstacles safely. Team games/relay/races in preparation for Sports Day Events Bikes & Trikes Gross & Fine Motor: Name writing, word & sentence writing Become a fluent writer – using the tripod grip. Finger gym Begin to show accuracy and care when drawing – observational drawing Use a range of small tools – scissors, paint brushes, cutlery.	
Year 1 (Robin Class)	Fundamental gross motor skills	Gymnastics - individual and partner work	Gymnastics – using apparatus	Dance – traditional dance, Morris dancing	Dance – multicultural dance	Games – defending and attacking, team games
Year 2 (Fox Class)	Games: Skills development leading to simple invasion games. Dance using Time to Move unit – Journey of the Magi		Gymnastics Dance using Time to move unit – Great Fire of London		Striking and Fielding Athletics Time to move unit – African waterhole	
Year 3 (Squirrel Class)	Invasion Games- Tag Rugby	Invasion Games- Football	Gymnastics Dodgeball	Gymnastics Handball	Striking and Fielding Games	Striking and fielding games Athletics
Year 4 (Badger Class)	Games (Invasion) OAA	Games (Invasion) Games (Net/Wall)	Dance Gymnastics	Dance - Romans Gymnastics	Athletics Games (Striking & Fielding)	OAA Games (Net/Wall)
Year 5 (Hare Class)	Invasion Games/Long distance running		Gymnastics/Yoga		Swimming/Athletics/Striking and Fielding	
Year 6 (Osprey Class)	Cross Country Tag Rugby Swimming	Football Swimming	Gymnastics Netball	Dance Basketball	OAA Cricket	Athletics Rounders