

**Great Barton C of E Primary Academy**  
**Whole School Long Term Plan**

Written using PSHE Association programme builders and in line with new statutory legislation.



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Why do we have rules? <b>MHWB</b>	What makes a good friend? <b>MHWB</b>	How do we recognise our feelings? <b>MHWB</b>	How do we work together? <b>MHWB</b>	How do things change? <b>MHWB</b>	How can we stay healthy? <b>MHWB</b>
Year 1	What is the same and different about us? <b>MHWB</b>	Who is special to us? <b>MHWB</b>	What helps us stay healthy? <b>MHWB</b>	What can we do with money? <b>MHWB</b>	Who helps us to keep safe? <b>MHWB</b>	How can we look after each other and the world? <b>MHWB</b>
Year 2	What makes a good friend? <b>MHWB</b>	What is bullying? <b>MHWB</b>	What jobs do people do? <b>MHWB</b>	What helps us to stay safe? <b>MHWB</b>	What helps us grow and stay healthy? <b>MHWB</b>	How do we recognise our feelings? <b>MHWB</b>
Year 3	How can we be a good friend? <b>MHWB</b>	What keeps us safe? <b>MHWB</b>	What are families like? <b>MHWB</b>	What makes a community? <b>MHWB</b>	Why should we eat well and look after our teeth? <b>MHWB</b>	Why should we keep active and sleep well? <b>MHWB</b>
Year 4	What strengths, skills and interests do we have? <b>MHWB</b>	How do we treat each other with respect? <b>MHWB</b>	How can we manage our feelings? <b>MHWB</b>	How will we grow and change? <b>MHWB</b>	How can our choices make a difference to others and the environment? <b>MHWB</b>	How can we manage risk in different places? <b>MHWB</b>
Year 5	What makes up a person's identity? <b>MHWB</b>	What decisions can people make with money? <b>MHWB</b>	How can we help in an accident or emergency? <b>MHWB</b>	How can friends communicate safely? <b>MHWB</b>	How can drugs common to everyday life affect health? <b>MHWB</b>	What jobs would we like? <b>MHWB</b>
Year 6	How can we keep healthy as we grow? <b>MHWB</b>		How can the media influence people? <b>MHWB</b>		What will change as we become more independent? How do friendships change as we grow? <b>MHWB</b>	

**MHWB** – Mental Health and Wellbeing

Relationships
Living in the Wider World
Health and Wellbeing

We have adapted the EYFS programme ourselves to fit in with the PSHE Association, but developing skills of discussion and relation through the EYFS curriculum and using the PSED and PD ELGs 2021. The key stage 1 and 2 programme is taken from the PSHE Association and takes into account PHE (Public Health England) local data as well as the needs of our pupils. It is structured around an overarching question for each term or half term. These begin in key stage 1 as 'What? And 'Who?'

questions and build throughout Key Stage 2 into 'Why?' and 'How?' questions. The three core themes from the Programme of Study are fully covered - colour-coding highlights whether the overall topic focus is Health and Wellbeing, Relationships or Living in the Wider World, although some half term blocks will draw on more than one core theme. Teaching builds according to the age and needs of the pupils throughout the primary phase with suggested developmentally appropriate learning objectives given to respond to each key question, which teachers can adapt for individual pupils or groups as necessary.