

## YEAR 1 — MEDIUM-TERM OVERVIEW (Taken from PSHE Association) New Framework September 2020

Half term / Key question:	Topic	In this unit of work, pupils learn...	Lesson overviews / Teacher notes / resources
<b>Autumn 1</b> What is the same and different about us?	<b>Relationships</b> Ourselves and others; similarities and differences; individuality; our bodies  PoS refs: H21, H22, H23, H25, R13, R23, L6, L14	<ul style="list-style-type: none"> <li>• what they like/dislike and are good at</li> <li>• what makes them special and how everyone has different strengths</li> <li>• how their personal features or qualities are unique to them</li> <li>• how they are similar or different to others, and what they have in common</li> <li>• to use the correct names for the main parts of the body, including external genitalia; and that parts of bodies covered with underwear are private</li> </ul>	Resources on Teacher Shared (T:) > PSHE 2020 New > Year 1 > What is the same and different about us.  <ul style="list-style-type: none"> <li>- PSHE Association – Inclusion, belonging and addressing extremism, (KS1), ‘Sameness and difference’</li> <li>- Medway Public Health Directorate - Primary RSE Lessons (KS1), Lesson 3, ‘Everybody’s body’</li> <li>- NSPCC – The underwear rule resources (PANTS)</li> </ul>
<b>Autumn 2</b> Who is special to us?	<b>Relationships</b> Ourselves and others; people who care for us; groups we belong to; families  PoS refs: L4, R1, R2, R3, R4, R5	<ul style="list-style-type: none"> <li>• that family is one of the groups they belong to, as well as, for example, school, friends, clubs</li> <li>• about the different people in their family / those that love and care for them</li> <li>• what their family members, or people that are special to them, do to make them feel loved and cared for</li> <li>• how families are all different but share common features – what is the same and different about them</li> <li>• about different features of family life, including what families do/enjoy together</li> <li>• that it is important to tell someone (such as their teacher) if something about their family makes them feel unhappy or worried</li> </ul>	Resources on Teacher Shared (T:) > PSHE 2020 New > Year 1 > Who is special to us.  <ul style="list-style-type: none"> <li>- Medway Public Health Directorate - Primary RSE Lessons (KS1), Lesson 1, ‘My special people’</li> <li>- Metro Charity, KS1, ‘Love and respectful relationships’</li> </ul>
<b>Spring 1</b> What helps	<b>Health and wellbeing</b>	<ul style="list-style-type: none"> <li>• what being healthy means and who helps help them to stay healthy (e.g. parent, dentist, doctor)</li> </ul>	Resources on Teacher Shared (T:) > PSHE 2020 New > Year 1 > What helps us stay healthy

us stay healthy?	Being healthy; hygiene; medicines; people who help us with health  PoS refs: H1, H5, H6, H7, H10, H37	<ul style="list-style-type: none"> <li>that things people put into or onto their bodies can affect how they feel</li> <li>how medicines (including vaccinations and immunisations) can help people stay healthy and that some people need to take medicines every day to stay healthy</li> <li>why hygiene is important and how simple hygiene routines can stop germs from being passed on</li> <li>what they can do to take care of themselves on a daily basis, e.g. brushing teeth and hair, hand washing</li> </ul>	<ul style="list-style-type: none"> <li>1 decision (5-8) - Keeping/staying healthy £450</li> <li>Islington Healthy Schools Team – DrugWise £120</li> </ul> <p>*The PSHE Association will be releasing a drug and alcohol education programme in summer 2020 – September 2020 release date.</p>
<b>Spring 2</b> What can we do with money?	<b>Living in the wider world</b> Money; making choices; needs and wants  PoS refs: L10, L11, L12, L13	<ul style="list-style-type: none"> <li>what money is - that money comes in different forms</li> <li>how money is obtained (e.g. earned, won, borrowed, presents)</li> <li>how people make choices about what to do with money, including spending and saving</li> <li>the difference between needs and wants - that people may not always be able to have the things they want</li> <li>how to keep money safe and the different ways of doing this</li> </ul>	<p>Resources on Teacher Shared (T:) &gt; PSHE 2020 New &gt; Year 1 &gt; What can we do with money</p> <ul style="list-style-type: none"> <li>1 decision (5-8) – Money matters £450</li> </ul>
<b>Summer 1</b> Who helps to keep us safe?	<b>Health and wellbeing</b> Keeping safe; people who help us  PoS refs: H33, H35, H36, R15, R20, L5	<ul style="list-style-type: none"> <li>that people have different roles in the community to help them (and others) keep safe - the jobs they do and how they help people</li> <li>who can help them in different places and situations; how to attract someone's attention or ask for help; what to say how to respond safely to adults they don't know</li> <li>what to do if they feel unsafe or worried for themselves or others; and the importance of keeping on asking for support until they are heard</li> <li>how to get help if there is an accident and someone is hurt, including how to dial 999 in an emergency and what to say</li> </ul>	<p>Resources on Teacher Shared (T:) &gt; PSHE 2020 New &gt; Year 1 &gt; Who helps to keep us safe</p> <ul style="list-style-type: none"> <li>1 decision (5-8) – Keeping/staying safe £450</li> </ul>
<b>Summer 2</b> How can we look after	<b>Living in the wider world</b>	<ul style="list-style-type: none"> <li>how kind and unkind behaviour can affect others; how to be polite and courteous; how to play and work co-operatively</li> <li>the responsibilities they have in and out of the classroom</li> </ul>	<p>Resources on Teacher Shared (T:) &gt; PSHE 2020 New &gt; Year 1 &gt; How can we look after each other and the world?</p>

<p>each other and the world?</p>	<p>Ourselves and others; the world around us; caring for others; growing and changing</p> <p>PoS refs: H26, H27, R21, R22, R24, R25,</p>	<ul style="list-style-type: none"> <li>• how people and animals need to be looked after and cared for</li> <li>• what can harm the local and global environment; how they and others can help care for it</li> <li>• how people grow and change and how people's needs change as they grow from young to old</li> <li>• how to manage change when moving to a new class/year group</li> </ul>	<ul style="list-style-type: none"> <li>- Medway Public Health Directorate - Primary RSE Lessons – KS1, Lesson 2, 'Growing up: the human life cycle'</li> <li>- 1 decision (5-8) - Being responsible £450</li> <li>- Alzheimer's Society -Creating a dementia-friendly generation (KS1)</li> </ul>
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