

YEAR 2 — MEDIUM-TERM OVERVIEW (Taken from PSHE Association) New Framework September 2020

Half term / Key question:	Topic	In this unit of work, pupils learn...	Lesson overviews / Teacher notes / resources
Autumn 1 What makes a good friend?	Relationships Friendship; feeling lonely; managing arguments PoS refs: R6, R7, R8, R9, R25	<ul style="list-style-type: none"> • how to make friends with others • how to recognise when they feel lonely and what they could do about it • how people behave when they are being friendly and what makes a good friend • how to resolve arguments that can occur in friendships • how to ask for help if a friendship is making them unhappy 	Resources on Teacher Shared (T:) > PSHE 2020 New > Year 2 > What makes a good friend - PSHE Association – Inclusion, belonging and addressing extremism, (KS1), ‘Sameness and difference’ - Medway Public Health Directorate - Primary RSE Lessons (KS1), Lesson 3, ‘Everybody’s body’ - NSPCC – The underwear rule resources (PANTS)
Autumn 2 What is bullying?	Relationships Behaviour; bullying; words and actions; respect for others. PoS refs: R10, R11, R12, R16, R17, R21, R22, R24, R25	<ul style="list-style-type: none"> • how words and actions can affect how people feel • how to ask for and give/not give permission regarding physical contact and how to respond if physical contact makes them uncomfortable or unsafe • why name-calling, hurtful teasing, bullying and deliberately excluding others is unacceptable • how to respond if this happens in different situations • how to report bullying or other hurtful behaviour, including online, to a trusted adult and the importance of doing so 	Resources on Teacher Shared (T:) > PSHE 2020 New > Year 2 > What is bullying - 1 decision (5-8) - Relationships £450
Spring 1 What jobs do people do?	Living in the wider world People and jobs; money; role of the Internet	<ul style="list-style-type: none"> • how jobs help people earn money to pay for things they need and want • about a range of different jobs, including those done by people they know or people who work in their community • how people have different strengths and interests that enable 	Resources on Teacher Shared (T:) > PSHE 2020 New > Year 2 > What jobs do people do

	PoS refs: L15, L16, L17, L7, L8	<p>them to do different jobs</p> <ul style="list-style-type: none"> • how people use the internet and digital devices in their jobs and everyday life 	
Spring 2 What helps us to stay safe?	<p>Health and wellbeing Keeping safe; recognising risk; rules</p> <p>PoS refs: H28, H29, H30, H31, H32, H34, R14, R16, R18, R19, R20, L1, L9</p>	<ul style="list-style-type: none"> • how rules and restrictions help them to keep safe (e.g. basic road, fire, cycle, water safety; in relation to medicines/ household products and online) • how to identify risky and potentially unsafe situations (in familiar and unfamiliar environments, including online) and take steps to avoid or remove themselves from them • how to resist pressure to do something that makes them feel unsafe or uncomfortable, including keeping secrets • how not everything they see online is true or trustworthy and that people can pretend to be someone they are not • how to tell a trusted adult if they are worried for themselves or others, worried that something is unsafe or if they come across something that scares or concerns them 	<p>Resources on Teacher Shared (T:) > PSHE 2020 New > Year 2 > What helps us to stay safe</p> <ul style="list-style-type: none"> - Thinkuknow: Jessie and Friends - 1 decision (5-8) – Computer safety / Hazard watch £450 - Red Cross – Life. Live it ‘Stay safe’ - Islington Healthy Schools Team – DrugWise £120 <p>*The PSHE Association will be releasing a drug and alcohol education programme in summer 2020</p>
Summer 1 What can help us grow and stay healthy?	<p>Health and wellbeing Being healthy: eating, drinking, playing and sleeping</p> <p>PoS refs: H1, H2, H3, H4, H8, H9</p>	<ul style="list-style-type: none"> • that different things help their bodies to be healthy, including food and drink, physical activity, sleep and rest • that eating and drinking too much sugar can affect their health, including dental health • how to be physically active and how much rest and sleep they should have everyday • that there are different ways to learn and play; how to know when to take a break from screen-time • how sunshine helps bodies to grow and how to keep safe and well in the sun 	<p>Resources on Teacher Shared (T:) > PSHE 2020 New > Year 2 > What can help us grow and stay healthy</p> <ul style="list-style-type: none"> - 1 decision (5-8) -Keeping/staying healthy £450
Summer 2 How do we recognise our feelings?	<p>Health and wellbeing Feelings; mood; times of change; loss and</p>	<ul style="list-style-type: none"> • how to recognise, name and describe a range of feelings • what helps them to feel good, or better if not feeling good • how different things / times / experiences can bring about different feelings for different people (including loss, change 	<p>Resources on Teacher Shared (T:) > PSHE 2020 New > Year 2 > How do we recognise our feelings</p>

	<p>bereavement; growing up</p> <p>PoS refs: H11, H12, H13, H14, H15, H16, H17, H18, H19, H20, H24, H27</p>	<p>and bereavement or moving on to a new class/year group)</p> <ul style="list-style-type: none"> • how feelings can affect people in their bodies and their behaviour • ways to manage big feelings and the importance of sharing their feelings with someone they trust • how to recognise when they might need help with feelings and how to ask for help when they need it 	<ul style="list-style-type: none"> - PSHE Association – Mental health and wellbeing lessons (KS1) - 1 decision (5-8) – Feelings and emotions £450
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