

YEAR 5 — MEDIUM-TERM OVERVIEW (Taken from PSHE Association) New Framework September 2020

Half term / Key question:	Topic	In this unit of work, pupils learn...	Lesson overviews / Teacher notes / resources
Autumn 1 What makes up our identity?	Health and wellbeing Identity; personal attributes and qualities; similarities and differences; individuality; stereotypes PoS refs: H25, H26, H27, R32, L9	<ul style="list-style-type: none"> • how to recognise and respect similarities and differences between people and what they have in common with others • that there are a range of factors that contribute to a person's identity (e.g. ethnicity, family, faith, culture, gender, hobbies, likes/dislikes) • how individuality and personal qualities make up someone's identity (including that gender identity is part of personal identity and for some people does not correspond with their biological sex) • about stereotypes and how they are not always accurate, and can negatively influence behaviours and attitudes towards others • how to challenge stereotypes and assumptions about others 	Resources on Teacher Shared (T:) > PSHE 2020 New > Year 5 > What makes up our identity <ul style="list-style-type: none"> - PSHE Association - Inclusion, belonging and addressing extremism (KS2 –Y5/6), 'Stereotypes' - Premier League Primary Stars – Developing values - Metro Charity, KS2, Gender
Autumn 2 What decisions can people make with money?	Living in the wider world Money; making decisions; spending and saving PoS refs: R34, L17, L18, L20, L21, L22, L24	<ul style="list-style-type: none"> • how people make decisions about spending and saving money and what influences them • how to keep track of money so people know how much they have to spend or save • how people make choices about ways of paying for things they want and need (e.g. from current accounts/savings; store card/ credit cards; loans) • how to recognise what makes something 'value for money' and what this means to them • that there are risks associated with money (it can be won, lost or stolen) and how money can affect people's feelings and emotions 	Resources on Teacher Shared (T:) > PSHE 2020 New > Year 5 > What decisions can people make with money
Spring 1 How can we help in an accident or emergency?	Health and wellbeing Basic first aid, accidents, dealing with emergencies PoS refs: H43, H44	<ul style="list-style-type: none"> • how to carry out basic first aid including for burns, scalds, cuts, bleeds, choking, asthma attacks or allergic reactions • that if someone has experienced a head injury, they should not be moved • when it is appropriate to use first aid and the importance of seeking adult help • the importance of remaining calm in an emergency and providing clear information about what has happened to an adult or the emergency services 	Resources on Teacher Shared (T:) > PSHE 2020 New > Year 5 > How can we help in an accident or emergency <ul style="list-style-type: none"> - Red Cross - Life. Live it Help save lives /Emergency action

<p>Spring 2 How can friends communicate safely?</p>	<p>Relationships Friendships; relationships; becoming independent; online safety PoS refs: R1, R18, R24, R26, R29, L11, L15</p>	<ul style="list-style-type: none"> • about the different types of relationships people have in their lives • how friends and family communicate together; how the internet and social media can be used positively • how knowing someone online differs from knowing someone face-to-face • how to recognise risk in relation to friendships and keeping safe • about the types of content (including images) that is safe to share online; ways of seeking and giving consent before images or personal information is shared with friends or family • how to respond if a friendship is making them feel worried, unsafe or uncomfortable • how to ask for help or advice and respond to pressure, inappropriate contact or concerns about personal safety 	<p>Resources on Teacher Shared (T:) > PSHE 2020 New > Year 5> How can friends communicate safely</p> <ul style="list-style-type: none"> - Thinkuknow – Play, Like, Share - Google & Parentzone – Be Internet Legends
<p>Summer 1 How can drugs common to everyday life affect health?</p>	<p>Health and wellbeing Drugs, alcohol and tobacco; healthy habits PoS refs: H1, H3, H4, H46, H47, H48, H50</p>	<ul style="list-style-type: none"> • how drugs common to everyday life (including smoking/vaping nicotine, alcohol, caffeine and medicines) can affect health and wellbeing • that some drugs are legal (but may have laws or restrictions related to them) and other drugs are illegal • how laws surrounding the use of drugs exist to protect them and others • why people choose to use or not use different drugs • how people can prevent or reduce the risks associated with them • that for some people, drug use can become a habit which is difficult to break • how organisations help people to stop smoking and the support available to help people if they have concerns about any drug use • how to ask for help from a trusted adult if they have any worries or concerns about drugs 	<p>Resources on Teacher Shared (T:) > PSHE 2020 New > Year 5 > How can drugs common to everyday life affect health</p> <ul style="list-style-type: none"> - Islington Healthy Schools Team – DrugWise £120 - 1decision - Keeping/staying healthy £450 <p>*The PSHE Association will be releasing a drug and alcohol education programme in summer 2020</p>
<p>Summer 2 What jobs would we like?</p>	<p>Living in the wider world Careers; aspirations; role models; the future PoS refs: L26, L27, L28, L29, L30, L31,</p>	<ul style="list-style-type: none"> • that there is a broad range of different jobs and people often have more than one during their careers and over their lifetime • that some jobs are paid more than others and some may be voluntary (unpaid) • about the skills, attributes, qualifications and training needed for different jobs • that there are different ways into jobs and careers, including college, apprenticeships and university 	<p>Resources on Teacher Shared (T:) > PSHE 2020 New > Year 5 > What jobs would we like?</p>

	L32	<ul style="list-style-type: none">• how people choose a career/job and what influences their decision, including skills, interests and pay• how to question and challenge stereotypes about the types of jobs people can do• how they might choose a career/job for themselves when they are older, why they would choose it and what might influence their decisions	
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