



Great Barton C of E Primary Academy

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NUT ALLERGIES

In our school we have children who are seriously allergic to nuts. If they come into contact with nuts, their eyes swell up and they find it difficult to breath. Without immediate treatment, they could experience an anaphylaxis shock and become unconscious.

All the staff have received training in how to deal with their reactions, but we would prefer it if the children concerned never suffered an attack.

Just touching the hands of someone who has recently eaten peanuts or a peanut butter sandwich can be life threatening! Consequently, all of us will have to get into the habit of washing our hands after as well as before we have eaten. We are talking to the children about this, but would appreciate it if you could reinforce this at home please.

We already have a rule about not swapping food at lunch-time, but we are aware that swapping may happen when the children think that no-one is watching them. It is amazing how many foods contain nuts or nut oil. Please could you emphasise to your child the importance of not swapping food. Ideally, we ask you not to include nuts or peanut butter as part of their packed lunch. Also, please do not bring in sweets, cakes or biscuits that contain nuts for the children to celebrate birthdays.

There is also nut oil in some sun-tan lotions, so if you are thinking of putting any lotion on your child before they come to school in the sunny weather, please could you select an oil or lotion that is not made of nuts.

I hope you agree with us that it is better to be safe than sorry. I'm sure that if your child suffered from allergies, you would like the school to react in a similar way.

Thank you.



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Education Trust